



Course Description

Course	HSE Offshore First Aid		
Duration	4 Days	Cost	£375 (excluding VAT)
<p>Description: This is a 4-day course in which delegates will gain a knowledge and understanding on the role of a first aider in an offshore environment.</p> <p>The HSE Offshore First Aid Course will give learners the ability to:</p> <ul style="list-style-type: none"> • Understand the role of the first-aider including reference to: – the importance of preventing cross infection; – the need for recording incidents and actions; – use of available equipment; • Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency; • Administer cardiopulmonary resuscitation including the use of automated external defibrillators, the use and maintenance of manual resuscitators, manual suction devices, oropharyngeal airways and oxygen supplies; • Administer first aid to a casualty who is bleeding; • Administer first aid to a casualty who is unconscious; • Recognise the presence of major illness and provide appropriate first aid (including heart attack, stroke, epilepsy, asthma, diabetes); • Administer first aid to a casualty who: <ul style="list-style-type: none"> I. Is suffering from shock; II. Is suffering from hypothermia or hyperthermia; III. Is suffering from the effects of immersion; IV. Is suffering from the effects of poisons encountered offshore; V. Is suffering from an injury, including the dressing and immobilisation of injured parts; VI. Has an eye injury; VII. Has been burned or scalded; 			

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VIII. Has inhaled hot gases or smoke;

- Recognise minor injuries and illnesses and take appropriate action;
- Re-dress wounds effectively and perform other follow-up treatment which can be undertaken by offshore first-aiders;
- Transport a sick and injured patient safely and effectively (including an understanding of the difficulties of transport by helicopter, the management of a patient during flight and the need for stabilisation of a casualty before transport);
- Recognise situations in which it is appropriate to use Entonox for the relief of pain, and to administer Entonox safely and effectively;
- Communicate and delegate promptly and effectively in an emergency.

Qualification: On successful completion of this course, you will be awarded the HSE Offshore First Aid Award, which is valid for three years. For best practice and to avoid ‘skill fade’ we support the HSE recommendation of attending an annual update in first aid.

Pre-requisites: Our course consists of practical, hands on approach that will give the learner the ability to deliver effective casualty care.

Learners must be physically able to demonstrate the ability to perform the practical elements of the course i.e Cardio Pulmonary Resuscitation in the kneeling position for a minimum of two minutes.

Assessment and certification

There are two hours of knowledge and practical assessments. Knowledge is assessed by a multiple choice question paper; there are 25 questions and the pass mark is 70% Practical skills will be assessed by continual observation and the following skill stations:

- I. Basic Life Support
- II. Unconscious patient

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- III. Control of major bleeding
- IV. Automated External Defibrillation

Further assessment will be made during practical scenarios:

- I. Unconscious patient with blocked airway
- II. Oxygen administration
- III. Immobilisation of a limb

Learners need a basic command of English

So whilst we are often able to provide support to people who for example do not have English as a first language, our ability to do so is limited by the time available and the number of people who require assistance, although we may be able to make special arrangements if requested in advance.

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