



## Course Description

Course	First Aid at Work Re-qualification – FAA Level 3 Award		
Duration	2 Days	Cost	£185 (excluding VAT)
<p><b>Description:</b> This course is suitable for people aged 16 years and older who work in a higher hazard environment such as building and construction, farming and agriculture, manufacturing. It is also suitable for organisations that have identified an additional first aid requirement. If the risk assessment identifies a lower level of possible hazards then we recommend our Emergency First Aid at Work Course.</p> <p>Our FAW course covers the requirements laid out in <b>L74</b> - The Health and Safety (First Aid) Regulations 1981</p> <p><b>The First Aid at Work (EFAW) Re-qualification will give learners an update and refresher in the ability to assist someone who is:</b></p> <ul style="list-style-type: none"> <li>• Unresponsive and not breathing</li> <li>• Unresponsive and breathing</li> <li>• Feeling faint</li> <li>• Bleeding</li> <li>• Having a seizure</li> <li>• Choking</li> <li>• Burnt</li> <li>• Suffering from a head injury</li> <li>• Suffering with the extremes of heat or cold</li> <li>• Suffering the effects of a poison</li> <li>• Suffering with an injury to a bone, muscle or joint</li> <li>• Having a medical emergency</li> </ul>			

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- I. Suffering with angina
- II. Having an asthma attack
- III. Suffering with diabetes
- IV. Having a stroke
- V. Having a severe allergic reaction (anaphylaxis)

The course also gives information on:

- Managing an emergency
- Assessment of a casualty
- Monitoring a casualty
- Where and how to get assistance
- Electrical incidents
- Control of Substances Hazardous to Health (COSHH).
- Post incident procedures – accident recording and reporting,

**Qualification:** On successful completion of this course, you will be awarded the First Aid Awards Level 3 Award in First Aid at Work that lasts for three years.

For best practice and to avoid ‘skill fade’ we support the HSE recommendation of attending an annual update in first aid.

**Pre-requisites:** Our course consists of practical, hands on approach that will give the learner the ability to deliver First Aid in a real life incident.

Learners must be physically able to demonstrate the ability to perform the practical elements of the course i.e Cardio Pulmonary Resuscitation in the kneeling position for a minimum of two minutes.

### **Assessment and certification**

Practical skills are assessed by continuous observation and two final assessments (Basic Life Support and a casualty who is bleeding) by the trainer and there is a written assessment paper to check

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understanding.

**Learners need a basic command of English**

So whilst we are often able to provide support to people who for example do not have English as a first language, our ability to do so is limited by the time available and the number of people who require assistance, although we may be able to make special arrangements if requested in advance.

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